

Northern Kentucky University TRUE ACCESS Project

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WHY USE THIS PLANNER

THIS PLANNER WAS CREATED BY FIVE TRUE ACCESS FELLOWS WITH A SHARED GOAL: TO HELP STUDENTS—ESPECIALLY THOSE PURSUING STEM MAJORS—DEVELOP STRONGER TIME MANAGEMENT SKILLS AND STAY ON TRACK TOWARD GRADUATION. AS WE DEVELOPED IT, WE QUICKLY REALIZED THIS TOOL CAN BENEFIT ALL NKU STUDENTS, REGARDLESS OF MAJOR.

INSIDE, YOU'LL FIND A SECTION HIGHLIGHTING KEY CAMPUS RESOURCES. NKU IS FULL OF PEOPLE WHO ARE INVESTED IN YOUR SUCCESS—SO DON'T HESITATE TO REACH OUT AND MAKE THE MOST OF WHAT'S AVAILABLE TO YOU.

EACH WEEK BEGINS WITH HELPFUL TIME MANAGEMENT TIPS, STRATEGIES, AND EXAMPLES OF GOALS YOU MIGHT SET TO STAY ORGANIZED AND PRODUCTIVE. USE YOUR COURSE SYLLABI TO OUTLINE YOUR WEEKLY GOALS, ASSIGN PRIORITIES TO EACH TASK, AND REMEMBER TO SCHEDULE DEDICATED STUDY TIME. DON'T JUST LIST HOMEWORK—INCLUDE READING ASSIGNMENTS, REVIEW SESSIONS, AND PERSONAL COMMITMENTS TO HELP YOU BALANCE SCHOOL, WORK, AND LIFE.

WE HOPE THIS PLANNER SUPPORTS YOU IN STAYING ORGANIZED AND ACHIEVING YOUR GOALS THIS SEMESTER. YOUR FEEDBACK IS IMPORTANT

NKU NORTHERN
KENTUCKY
UNIVERSITY

Fall 2025
Academic
Planner

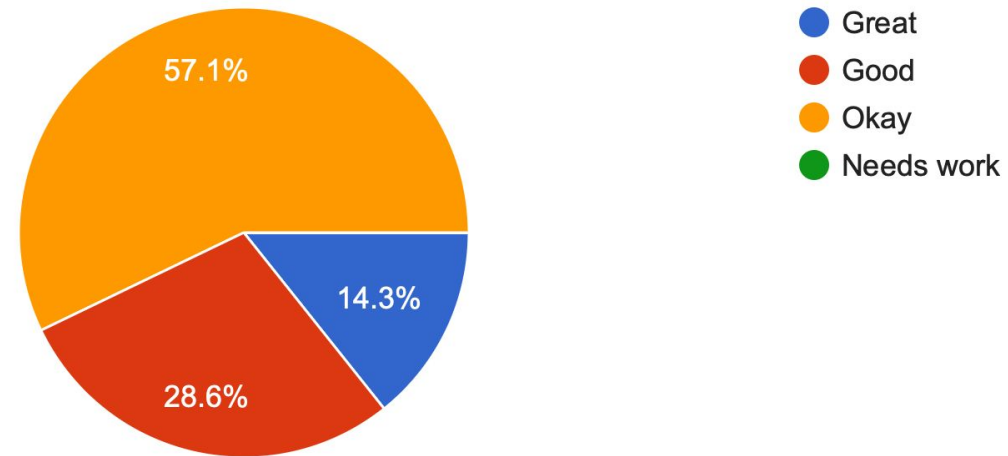


PDSA: Student Planner

BUILD A TOOL TO HELP
STUDENTS WITH TIME
MANAGEMENT AND
STUDY HABITS

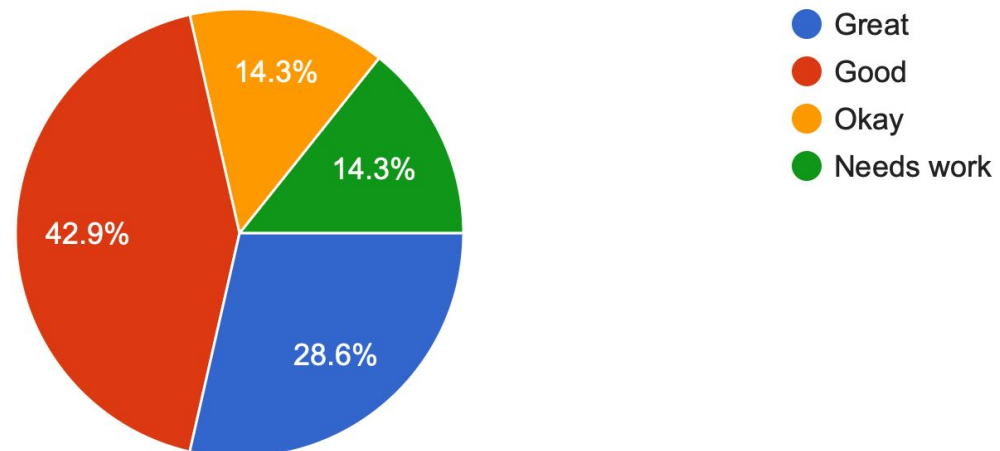
How would you rate your time management this week?

7 responses



How well did you follow your schedule?

7 responses



Next Steps

- ▶ Any other feedback you would like to give?
- ▶ Response 1: loved this
- ▶ Response 2: Include more times in between each hour. For example, 7:30, 8:30, etc. Also, if you can make the to-do spaces next to the time intervals bigger as well that would be helpful!
- ▶ Response 3:
- ▶ Response 4:
- ▶ Response 5: Maybe add a monthly calendar to the planner!
- ▶ Response 6:
- ▶ Response 7: I would say, if one change could be made to the planner i would add a monthly calendar section. i know personally that's something that's really helpful for me



PDSA: College is Hard...Let us Help! Event

- ▶ Change Idea:
- ▶ To show students what resources are available to them on campus and teach them to advocate for themselves.



PRESENTED BY TRUE ACCESS

COLLEGE IS HARD, LET US HELP!!!

MARCH 18TH, 2025
11 A.M. - 1 P.M.

LOCATION: STUDENT UNION ROOM

FREE FOOD!!!

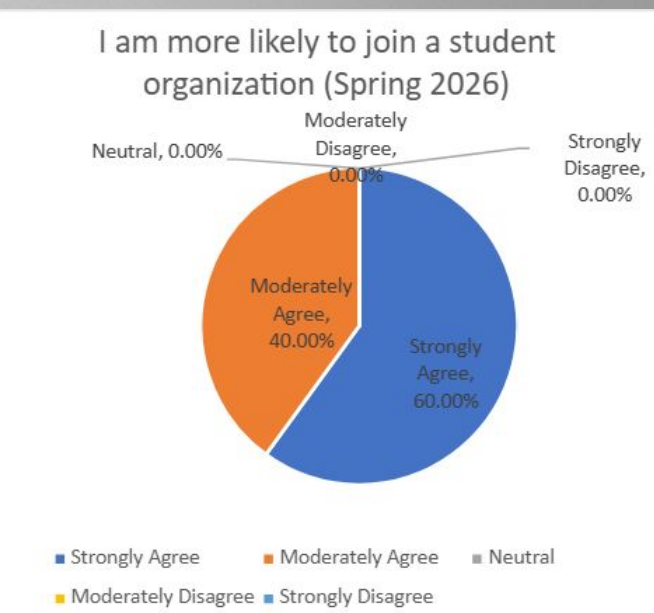
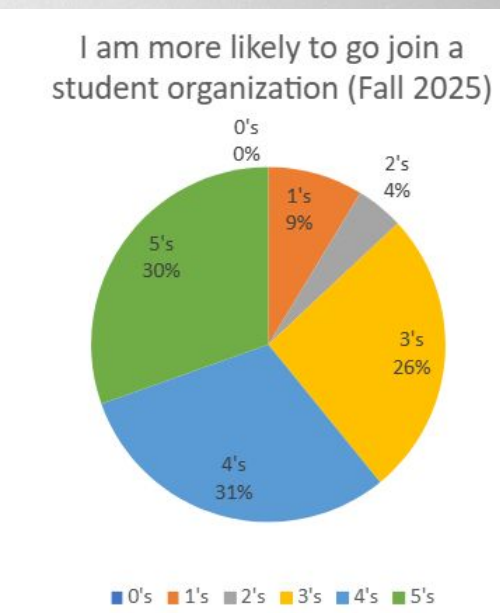
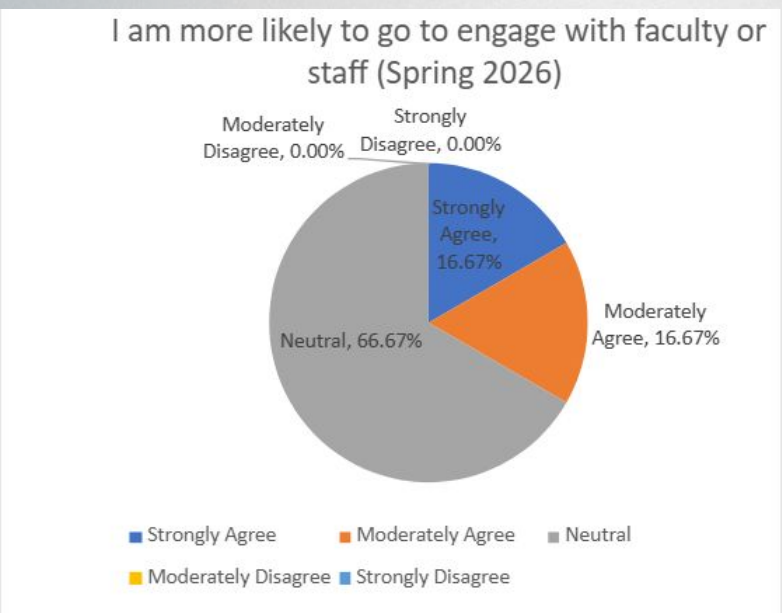
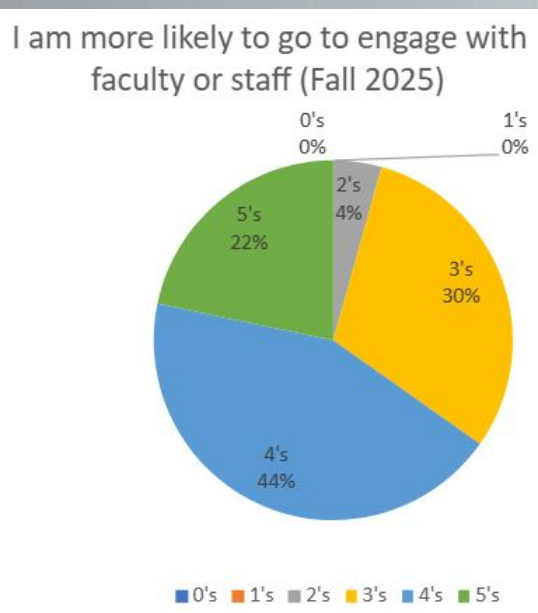
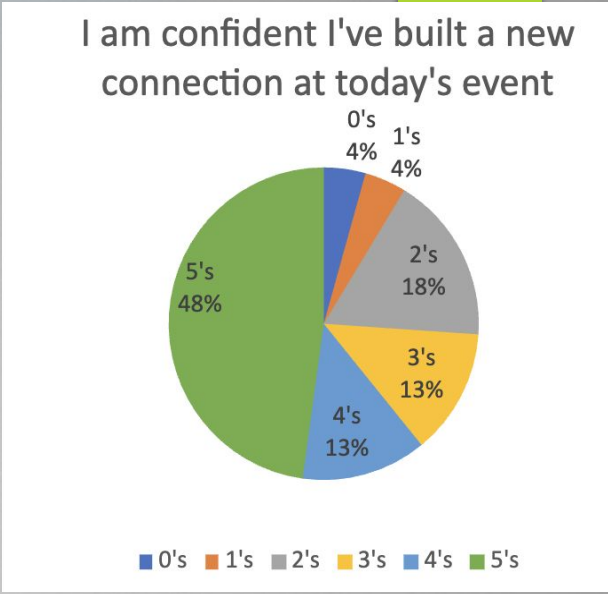
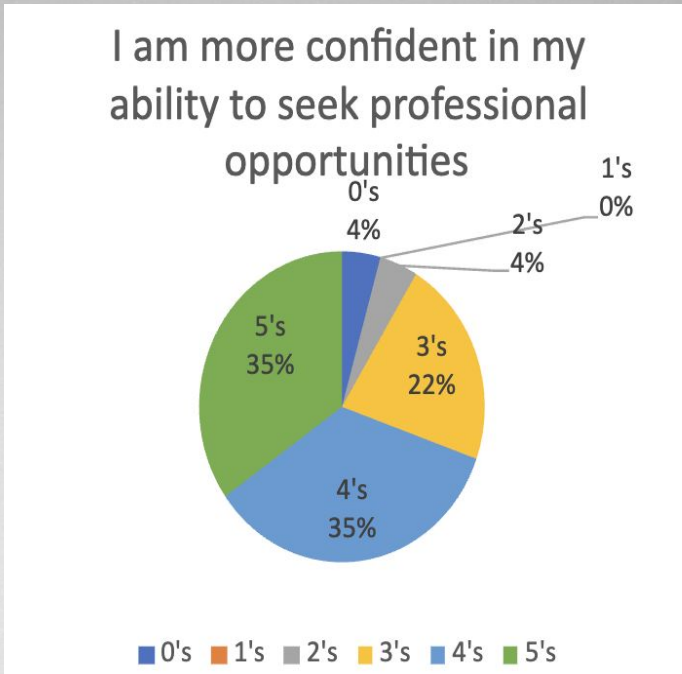
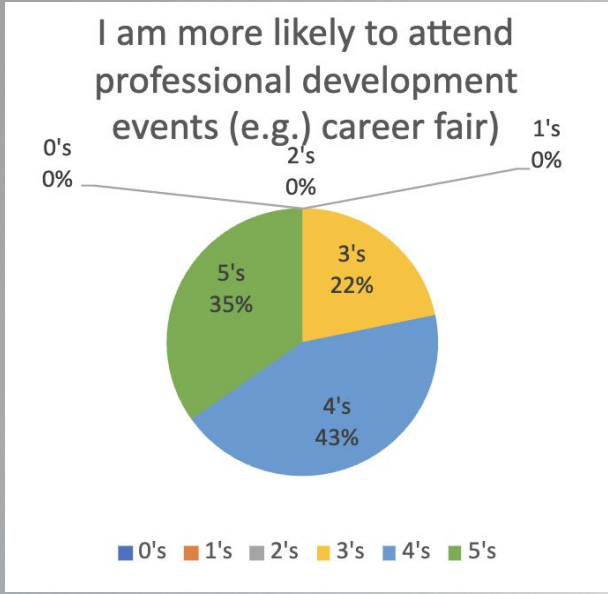
Practice Networking!

Share your experiences

Advice for successful communication with professors and professionals

The poster features a cartoon character with a pink brain and a determined expression. The background is yellow with black and white circles containing text. The KU logo is in the top left corner.





Lessons for faculty co-mentors

- What works well:
 - Captured audience
 - Bounding of parameters
- Still needs work:
 - Balancing student/faculty roles
 - Coordination across multiple groups

Next Steps

- Scholarship stopgap
 - Another program: STEM Peer Mentors
 - Integrate into current CINSAM events

